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By A.K. Carroll



Saint Mary's English professor Matthew Zapruder is the new Poetry Editor for The New York Times Magazine. Photo Chris Hardy

Zapruder introduced his first selection, "You Throw a Stone"

by Juan Felipe Herrera, as a poem

that depicts the elemental facts of

an unnamed conflict. "I think of the

Middle East, but really, it could be anywhere," writes Zapruder. "The

unexpected and disorienting spaces

in the poem force us to pause, think

and empathize in places where we

opposing hands throwing stones

at one another, their trajectories

marked by thick red arrows. The

illustration, much like Zapruder's

introduction, makes the poem more approachable, the kind of poem that

his hypothetical readers. "I imagine

someone who doesn't necessarily

read a lot of poetry. Someone curi-

ous and interested in culture and the

news, generally educated but not an expert in literature or anything." Za-

pruder likes to think this about his

own poems as well — that they're

much the same trajectory as pre-

senting a friend to an audience. "I

imagine what it would be like to

read this if you didn't know any-

thing about poetry and just turned

the page," said Zapruder. "I picture

someone who has a life and does

things and cares about things like

family and politics and the world."

rial position for only a year before

"People seem to really like it," he

For Zapruder, one of the high-

Zapruder will hold the curato-

When he makes his selections

there for people who want them.

"I don't imagine poets or ex-

The poem is accompanied by R.

atthew Zapruder, professor prised at what can be good." of English at Saint Mary's College and editor at large at Wave Books, did not always set out to be a poet. "I didn't start writing poetry until I was in my 20s," said Zapruder, who earned a doctorate in Russian Literature at UC Berkeley before going on to purse a Masters of Fine Arts at the University of Massachusetts, Amherst.

"I always wanted to be a writer usually don't, but probably should." of some sort and when I started writing that's what I wrote and I O. Blechman's illustration of two wasn't really interested in writing anything else." Now, the author of four collections of poetry and the forthcoming book of prose "Why Poetry," has another feather to add to his literary cap — being named editor of the poetry column for The anyone can read. New York Times Magazine.

The position, which debuted in perts in poetry," Zapruder said of February 2015 along with the relaunch of the publication, was previously held by former U.S. Poet Laureate Natasha Trethewey. "I assumed Natasha would do it for a while," said Zapruder, who went to graduate school with Trethewey. "When I got an email from the Times magazine asking if I would do it I was doubly surprised: [firstly,] that it was available and [secondly, that] they were and crafts his introductions, it takes interested in having me do it."

In keeping with the previously set guidelines, Zapruder is limiting his selections to poems that have been recently published or are forthcoming. "I'm looking for a wide variety," he said. "I want to show off the strength and diversity of American poetry, both aesthetically and in terms of the people who are producing it."

While Zapruder is also re- it passes on to another nominee. stricted by the size of the column, which is a quarter page at most, he said of the poetry column. "It used finds there are still plenty of poems to be that a lot of major magazines to choose from. "I'm thinking of ran poetry. They're bringing back what's different and what's new, something that used to be a tradi-What's going to blow peoples' tion in American journalism and minds," he said. "As people keep publishing." reading they'll continually be sur-

lights of the position is getting to tell writers that their poems have been selected. "It's just such a treat to get to tell people the news."

You can find Zapruder's most recent selections in the latest issue of The New York Times Magazine or at http://www.nytimes.com/column/magazine-poem.

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Samira Davi is a Nurse Liaison for ManorCare Health Services in Walnut Creek. Samira has over 10 years of experience working in health care in Contra Costa County, which has gained her a wide view of what is important to the health care consumer. She will be posting common questions and comments in each issue of the Lamorinda Weekly. You are welcome to contact Samira directly at 925.270.8766

How do I choose where I go for recovery?

The center you choose will significantly impact your rehabilitation outcome—here's some information to help you choose:

(1) Visit and Tour different facilities.

View the rehab department, view the rooms, meet the staff in different departments, and ask questions about care delivery. Tour the center for cleanliness, friendliness and the amenities that are important to you.

(2) Make sure the facilities can demonstrate a proven track record of successful

outcomes. Ask for evidence of how successful they are at improving patients walking, bathing, dressing, and ability to manage their own care at home. ManorCare measures these things on admission and discharge, so we can see the impact our services have on our patients. More than 90 percent of ManorCare rehabilitation patients are discharged to home.

(3) Social workers are a crucial part of the equation.

Ask how they plan discharge and who manages the process. At ManorCare, we plan patients' discharge from the start so that the patient has a smooth transition back home. This eliminates worry and anxiety for both the patient and the family.

- (4) Who is managing your insurance? At ManorCare, we have RN Case Managers who manage your insurance benefits from admission to discharge. You have an advocate during your stay to ensure that you are able to maximize your benefits.
- (5) Specialized care and services. Certified wound care nursing, specialized pain management techniques, speech language pathology and respiratory care are standards at ManorCare—they are critical pieces of recovery. Ask the facility how they manage these clinical issues.
- (6) 24/7 RN coverage. ManorCare prides itself on its clinical management and skills. We have highly-trained RNs who can manage the highest levels of acuity here around-the-clock. Ask the facility what level of clinical care is available throughout the day and night.
- (7) Customer service. How does the facility measure its customer service outcomes? As with clinical outcomes, ManorCare measures how it does with its customers—you. A third party surveys all discharged patients and asks questions about the quality of care and service they received while a patient at ManorCare. We're proud to say that the scores come back over-whelming positive.

We invite you to tour both of our ManorCare post-acute rehab centers we'll answer all these questions for you and more.



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KAPOW! ComicFest Comes to the Lafayette Library

Submitted by Patrick Brogan

Book Convention style event will prizes and more.

Joe Field, owner of Flying Colors Comics in Concord and founder come in their best superhero or vilof Free Comic Book Day, will be lain costume. There will be a givethe event's guest of honor. Field away of free comic books while will kick off the event and give a supplies last (children first). talk on his life and how comics has and continues to affect it.

and cartoonist Mike Capozzola and is sponsored by Friends of the will perform a comedy routine and Lafayette Library & Learning Cenhost a table. Guest artists include ter. For ages 5 and up.

he Lafayette Library and San Francisco resident Oliver Chin Learning Center presents who will host a workshop and table ComicFest 2016. This mini Comic and Concord resident Sam Filstrup, who will host a table. Guest authors feature artists and their work, along include Lamorinda residents and with workshops, crafts, cosplay, cartoonist Betsy Streeter and Raea photobooth, scavenger hunt, raffle Gragg (cartoonist for the Acalanes Blueprint student newspaper).

Participants are encouraged to

This event is part of Free Comic Book Days @ Your Library (www. San Francisco-based comedian tinyurl.com/comicbookdays2016)